





The baby's socks don't match, someone's sticky (again), and Grandpa's brought a hat that definitely wasn't on the Pinterest board... but guess what? That's the good stuff.

Your maternity or newborn session isn't about polished poses or perfect lighting - it's about bottling up the belly laughs, snack-bribed cooperation, rogue cuddles, sleepy snuggles and those unscripted moments that make your story yours.

This guide is your gentle companion through the beautiful chaos - from bump kicks to baby burps - turning what might feel like herding caffeinated emotions into a joyful, frame-worthy adventure.

My not-so-secret recipe:

- A heap of patience mixed with silliness
- A sprinkle of cheeky prompts (cue: "pretend your baby just told a joke")
- A splash of documentary-style realness with a side of creative flair

Whether you arrive in coordinated neutrals or full glitter chaos, I promise to freeze the mayhem, the tenderness and those blink-and-you'll-miss-it moments into keepsakes worth treasuring.

If your heart skips a beat - or chuckles out loud - while reading this, I'd be honoured to capture the beautiful, evolving story of your crew.



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Chaos is kind of my love language - and when it comes to growing families, I wouldn't have it any other way. If you show up with snack crumbs in your hair, a nappy bag that feels like a suitcase, or someone shouting "I lost my sock!"... you're doing it right.

The beauty isn't in perfection - it's in the mayhem, the realness and the unmistakable rhythm of your crew in full, unfiltered glory. From bump to baby, this season is messy, magical and fleeting. Let's bottle it up.

This sets the tone for what I believe maternity and newborn photography should be: a time capsule of sleepy giggles, squinty-eyed grins, mid-feed snuggles and those blink-and-you'll-miss-it glimmers of love that appear between burps and belly laughs. I don't chase stiff poses or magazine smiles - I chase honesty. Laughter over symmetry, chaos over curation, and personality over perfection.

Your session is a celebration of now - It's about capturing not just how you look, but who you are. Because one day, these moments will matter more than matching shoes or flawless hair. And every snap should say: this was real, this was joy, this was us.

So if you arrive flustered, sleep-deprived and wondering how we'll pull this off... breathe. I've got you. We're about to make magic - one unscripted giggle, one tiny yawn, one beautiful mess at a time.

Outdoor Moto Sessions

APPROXIMATE BEST TIMES FOR LIGHTING









SUMMER

DECEMBER - FEBRUARY

5:30AM - 7:30AM 17:00PM - 19:00PM

AUTUMN

MARCH - MAY

6:30AM - 8:30AM 16:00PM - 18:00PM

WINTER

JUNE - AUGUST

7:00AM - 9:00AM 15:30PM - 17:30PM

SPRING

SEPTEMBER - NOVEMBER

5:30AM - 7:30AM

16:00PM - 18:00PM



Moto Session Prep

Having your picture taken can often be daunting. I understand that getting ready for photo session might seem overwhelming. Below are some tips on selecting outfits and accessories to simplify the process.







Say goodbye to the "matchy-matchy" days of black-and-white outfit déjà vu - we're stepping into a whole new level of style sorcery. Think layers, texture, and a little colour coordination magic. Enter: the rule of three. Pick two neutral tones (black, white, grey, tan, denim - the stylish staples) and spice things up with one accent colour that pops like pink, green, or blue. You're not matching - you're vibing.

Logos and loud prints? Unless you're channelling your inner rockstar or proudly repping Big Brother, it's a hard pass. Instead, boost your look with a jacket, vest, scarf, or something that says "I didn't just roll out of bed looking this amazing - but close."

Quick tip: Dress to flatter, not to fret. If you're not loving your arms, skip the sleeveless - your confidence is your best accessory.

And don't forget the setting. Urban vibes? Lean into street-chic. Shooting in nature? Let your outfit play nice with the scenery, not wrestle it.

Outfil Inspiration





Outfil Inspiration







HOW TO PREP YOUR

WITHOUT

(WITHOUT LOSING YOUR MIND)

A survival guide for families juggling burp cloths, baby wipes, and sleep-deprived sarcasm.

Newborns: Tiny, unpredictable, and utterly perfect

Checklist Highlights:

- Soft, cozy outfits (bonus: easy to remove if baby decides to redecorate)
 - A favourite blanket or swaddle (aka comfort MVP)
 - Milk/snack supply for baby (and maybe for you too)
- Wipes, nappies and backup clothes (because explosions happen)
 - Session timed around feeding and nap sweet spots (not meltdown o'clock)

Side-note:

If baby insists on being wrapped like a burrito or refuses to uncurl - don't stress. That's personality. That's gold.

Maternity Moments: Glowing, growing, and maybe a little snack-bribed

Checklist Highlights:

- Outfits that flatter the bump and feel like you (flowy dresses, stretchy knits, or whatever makes you feel radiant)
 - Water and snacks (hydrated humans = happier humans)
 - A quick touch-up kit (lip balm, brush, maybe a pep talk)
 - Comfortable shoes (you'll thank me later)
 - A support person if needed someone who knows how to wrangle toddlers or hold reflectors with love











Side-note:

If your toddler insists on joining in wearing a superhero cape and mismatched socks - let them. That's the story we're telling.

General Family Prep Kit

- Snacks (for morale and bribery)
- Baby wipes (for suspicious stickiness and rogue milk moustaches)
 - Water bottles (hydration = harmony)
- One comfort item per child (optional emotional support dinosaur included)
 - Backup outfit (because Murphy's Law loves babies)
- Emergency lipstick or comb (for parents aiming for "casual but radiant")
 - Grandparents (bonus: they bribe better than you do)
 - A sense of humour (essential, cannot be packed but must be worn)
 - Extra patience (can't be packed but must be summoned)

Side-note:

Matching outfits? Optional. Matching moods? Unlikely. But don't worry - we'll make it magic.









THE SESSION EXPERIENCE: WHAT

HAPPENS

You've survived the outfit debates, packed the emergency snacks and maybe even timed a feed just right - so now what? Your photo session begins the moment you arrive: coffee-fuelled, slightly frazzled and full of anticipation. Whether you're cradling a bump, a baby, or both, we ease into things with gentle warm-up shots to break the ice (and soften any camera nerves).

Maternity Sessions

Think slow strolls, soft laughter and quiet moments that celebrate the connection between you and the life you're growing. I guide you through flattering poses and playful prompts that feel natural - not stiff or staged. Expect a rhythm that adapts to your energy, whether you're glowing and giddy or calm and contemplative. No awkward hand placement here - just movement, emotion and a little magic.

Studio-Style Newborn Sessions

These are cozy, calm and baby-led. We work in a warm, quiet space within your home with soft lighting and gentle posing. I'll swaddle, soothe and style your little one with care, always prioritizing comfort and safety. You can sit back, sip your coffee and watch the magic unfold - or jump in for snuggly parent shots when the moment feels right. Expect sleepy poses, tiny details and timeless simplicity.



Lifestyle Newborn Sessions

These unfold in your home, where the real magic lives. We capture cuddles on the couch, feeds in the nursery and the beautiful mess of everyday life with a newborn. I guide you with light direction and cheeky prompts (yes, I might ask you to pretend your baby just told a joke). The vibe is relaxed, documentary-style and full of heart. Expect giggles, yawns and maybe a spontaneous dance-off with a toddler in tow.

My signature style blends documentary realness with a splash of art: unfiltered emotion meets curated calm. Rituals? I've got a few. Like "Reverse Simon Says" to spark laughter or the moment where I ask everyone to pretend they're freezing in a windstorm - trust me, it works.

We wrap up just before the baby (or toddler) decides they've had enough, with everyone having forgotten it was a "photo shoot" at all. What's left? The kind of images that make your heart swell and your hallway walls jealous.



60 MINUTE A LEVNILLY PACKAGES

Option 1

Photo Only

60 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

60 Digital High Resolution Images via Google Drive

111 0

Travelling fees not included Location fees not included

Option 2

Photo & Preview Video

60 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

60 Digital High Resolution Images via Google Drive

+

2-3 minute Preview video

Travelling fees not included Location fees not included

R2200

Option 3 Full Package

60 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

-

60 Digital High Resolution Images via Google Drive

+

2-3 minute Preview video

+

10 x Jumbo Prints (10cm*15cm)

+

1x 40cm*60cm Canvas Print

Travelling fees not included Location fees not included

R2700

90 MINUTE

Option 1

Photo Only

90 Minutes coverage

1 Photographer

Unlimited people can take part in the session

90 Digital High **Resolution Images** via Google Drive

Travelling fees not included Location fees not included

Option 2

Photo & Preview Video

90 Minutes coverage

1 Photographer

Unlimited people can take part in the session

90 Digital High **Resolution Images** via Google Drive

2-3 minute Preview video

Travelling fees not included Location fees not included

Option 3

Full Package

90 Minutes coverage

1 Photographer

Unlimited people can take part in the session

90 Digital High **Resolution Images** via Google Drive

2-3 minute Preview video

10 x Jumbo Prints (10cm*15cm)

1x 40cm*60cm Canvas Print

Travelling fees not included Location fees not included

R3300

R2800

120 MINUTE PACKAGES PACKAGES

Option 1

Photo Only

120 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

150 Digital High Resolution Images via Google Drive

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Travelling fees not included Location fees not included

Option 2

Photo & Preview Video

120 Minutes coverage

1 Photographer

+

Unlimited people can take part in the session

+

150 Digital High Resolution Images via Google Drive

T

2-3 minute Preview video

Travelling fees not included Location fees not included

Option 3 Full Package

120 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

150 Digital High Resolution Images via Google Drive

+

2-3 minute Preview video

+

10 x Jumbo Prints (10cm*15cm)

+

1x 40cm*60cm Canvas Print

Travelling fees not included

Location fees not included

R3900

R2400 R3400

90 MINUTE FOR 48 PAGE

HOSPITAL PHOTOGRAPHY SESSION WITHIN 48 HOURS OF BIRTH

Option 1

Photo Only

90 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

90 Digital High Resolution Images via Google Drive

Travelling fees not included

Option 2

Photo & Preview Video

90 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

90 Digital High Resolution Images via Google Drive

+

2-3 minute Preview video

-

Travelling fees not included

Option 3

Full Package

90 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

90 Digital High Resolution Images via Google Drive

+

2-3 minute Preview video

+

10 x Jumbo Prints (10cm*15cm)

+

1x 40cm*60cm Canvas Print

Travelling fees not included

R3300

R1800

90 MINUTE Style Mey John PACKAGES

Option 1

Photo Only

90 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

90 Digital High Resolution Images via Google Drive

Travelling fees not included

Option 2

Photo & Preview Video

90 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

90 Digital High Resolution Images via Google Drive

+

2-3 minute Preview video

Travelling fees not included

Option 3

Full Package

90 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

90 Digital High Resolution Images via Google Drive

+

2-3 minute Preview video

+

10 x Jumbo Prints (10cm*15cm)

+

1x 40cm*60cm Canvas Print

Travelling fees not included

R3300

R1800

3 HOUR State of Central PACKAGES

Option 1

Photo Only

90 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

90 Digital High Resolution Images via Google Drive

Travelling fees not included

Option 2

Photo & Preview Video

90 Minutes coverage

1 Photographer

Unlimited people can

take part in the session

90 Digital High Resolution Images via Google Drive

2-3 minute Preview video

Travelling fees not included Location fees not included

R5500

Option 3

Full Package

90 Minutes coverage

+

1 Photographer

+

Unlimited people can take part in the session

+

90 Digital High Resolution Images via Google Drive

+

2-3 minute Preview video

+

10 x Jumbo Prints (10cm*15cm)

+

1x 40cm*60cm Canvas Print

Travelling fees not included

R6000

Fresh 48 vs lifestyle Newborn vs Studio Style Newborn

Choosing a newborn session is kind of like choosing your baby's first outfit: it should feel comfy, reflect your style and make you smile every time you look back at it. Here's the lowdown on the three types I offer - each one tailored to different kinds of magic.

Fresh 48 Session

Location: Hospital

Timing: Within the first 48 hours after birth

Vibe: Raw, real and heart-melting

This session is all about capturing those just-born moments - tiny toes, wrinkly skin, sleepy yawns and the absolute awe of meeting your baby for the first time. Think of it as your baby's debut documentary: no props, no posing, just pure emotion.

Great for:

- Parents who want to remember the real first hours - Siblings meeting baby for the first time - That "we did it!" glow (and maybe a little tear or two)

Lifestyle Newborn Session

Location: Your home Timing: Within the first 2 - 3 weeks Vibe: Cozy, candid and full of love

This one's like a warm hug in photo form. No wraps, no posing - just your family being yourselves in your own space. Baby stays comfy in your arms, on your bed, or nestled into your favorite chair. It's storytelling, not styling.

Great for:

- Families who want relaxed, natural photos - Homes with beautiful light or meaningful spaces - Capturing the vibe of your new normal

Studio Style Newborn Session (at home)

Location: Your home (but I bring the studio to you!)

Timing: Ideally within 5 - 10 days

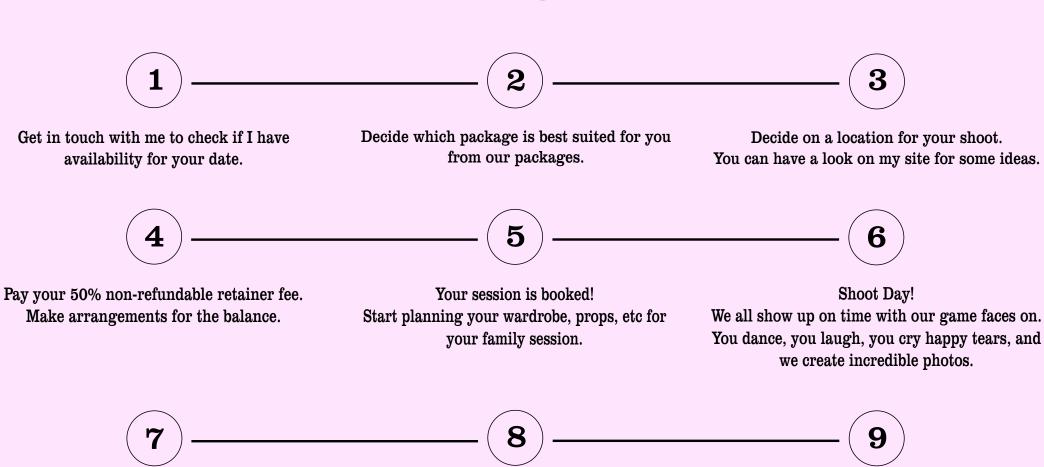
Vibe: Curated, styled and Pinterest-worthy

This is the full newborn fantasy: soft wraps, dreamy poses, delicate props and backgrounds that make your baby look like they floated in on a cloud. I bring everything - wraps, headbands, baskets and a calming touch to keep baby soothed and sleepy.

Great for:

- Parents who love styled portraits - Birth announcements and wall art - Those "aww" moments that make grandparents cry





After your shoot I upload all your unedited images to an online gallery so that you can choose your favourite photos.

I edit your chosen photos - This takes 10-14 days from when I receive your list of favourites.

Your digital photos will be ready for collection and you can order your printing.



AFTER THE

WHAT COMES NEXT

The camera's had its moment, the snacks are gone and someone's asked, "Did we get anything usable?" Spoiler alert: we absolutely did - and then some.

After your session, I slip into curation mode, carefully sifting through the magic. No duplicates, no blinking mishaps (unless they're too funny to ignore). I select the best of the best - those quiet glances, sleepy smiles and blink-and-you'll-miss-it moments - and begin the gentle polish.

Within a few days, you'll receive a sneak peek to tide you over while I finish crafting your full gallery. Final delivery lands in your inbox within 2–3 weeks, depending on your package and how gloriously unpredictable your crew was on the day.

Sharing the Love

Feel free to tag, rave and celebrate on social media - but skip the filters that turn your newborn into a wax figurine. I've already taken care of the magic. My editing rule is simple: Freckles stay. Food crumbs go.

I'll remove distractions and enhance the light, but I won't erase personality. Your family deserves to look like themselves - just in their best light (and without the milk dribble or ketchup blob).

Behind the scenes, I treat every image like a little legacy in the making. And when you finally scroll through your gallery? I want your jaw to drop, your heart to swell and your finger to hover over "Order Print" without a second thought.



HOW TO ROCK YOUR

LIKE A GALLERY QUEEN

Because your walls deserve more than forgotten school drawings and dusty clocks.

You've got the photos, the feels and the fleeting magic of this season - now it's time to give those moments pride of place. Whether it's a sleepy newborn yawn, a bump cradled in golden light, or a sibling snuggle that melts hearts, these aren't just pictures. They're heirlooms in the making.

When choosing frames, think "timeless over trendy".

- Mix finishes if you're feeling bold

- Stick to matching tones for a clean, cohesive look
- Add matting for elegance or float frames for drama

If you're unsure, I'm your frame whisperer - happy to help you turn "I don't know" into "wow, that's perfect."

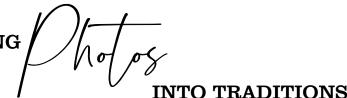
Placement magic is real.

- Staircases are for storytelling
- Hallways become parades of pride

- Hallways become parades of pride
- Living rooms? That's your shows topper zone $% \left(1\right) =\left(1\right) \left(1\right)$

Aim for eye-level impact and intentional groupings - even if it's just Grandma + snacks. Grid layouts, salon-style clusters, or lone hero pieces all have their moment. The goal? To walk past your walls and feel something every time.

LEGACY MOMENTS: TURNING





Because the moments we treasure today become the stories our children will tell tomorrow.

There's something powerful about showing up - not just once, but again and again - for the magic of documenting your growing crew. Maternity and newborn sessions aren't just about capturing a season; they're the beginning of a visual legacy. From bump to baby, from sleepy snuggles to first steps, these portraits become time-lapse capsules of love, growth and all the glorious in-between.

Start small.

Pick a month that feels meaningful, or a season that suits your chaos. Choose a signature spot, a favourite blanket, or build a ritual around something playful - "Matching PJs and Midnight Feeds," anyone? Add your own flair:

- A framed favourite added to the nursery wall each year
- A custom photo book for coffee table bragging rights
- A note tucked behind a print that says, "Here's what made us laugh in 2025"

Prints matter.

Not just for décor, but for legacy. Digital files are lovely, but tangible photos are passed around, laughed over, and kept alive. They live in frames, albums and memory boxes. They survive tech upgrades and outlast forgotten passwords. They're storytelling tools for generations who'll point at a moment and say, "That was Mum, glowing and barefoot in the garden."

So make it a thing. Make it yours. And make sure your walls - and hearts - keep up with the beautiful mess of time.



Q: What if it rains on shoot day?

A: Great question. We dance in it, embrace the drama, or reschedule depending on the puddle situation. Umbrellas = props.

Q: My toddler hates smiling. Is that... a problem?

A: Not at all. Moody toddler pics are the new Vogue. We capture personality, not perfection. Bonus points if they glare with flair.

Q: Can my dog come?

A: Yes - and I'll probably love your dog more than half your family by the end of the shoot. Just bring treats and a leash. And don't let him eat the snacks meant for bribing toddlers.

Q: What should we wear?

A: Wear outfits you can breathe in, that won't spark a family feud, and that won't be outdated by next Tuesday. Stick to tones, skip the neon, and please, no shirts with "I'm With Grumpy" arrows.

Q: What if my child throws a tantrum mid-session?

A: Good. That means we're on schedule. I shoot through it. The meltdown will become art - trust me.

Q: Will you Photoshop my toddler's ketchup-covered face?

A: Yes. Unless the ketchup adds emotional depth. Freckles stay, crumbs go. Random slime smears are negotiable.

Q: Uncle Ben hates photos. Suggestions?

A: Give him a dog. Let him hold a baby. Tell him it's for his Tinder profile. I'll get the shot before he realizes he smiled.

Q: Can we bring props?

A: Absolutely. Favourite toys, a family quilt, bubble machines - yes. Inflatable unicorns? We'll negotiate.

Q: What happens if someone blinks in every photo?

A: Welcome to the reason photographers drink herbal tea. Don't worry - I've got tricks, edits, and backup shots to save the day.

Q: Do you offer refunds if the family self-destructs halfway through?

A: Nope. But I do offer sarcasm, patience, and really good framing that hides tears behind trees.

Q: What if my kid has a snot bubble during the perfect shot?

A: I've got Photoshop and no judgment. Snot disappears. Giggles stay.

Q: Can we eat during the shoot?

A: Technically yes, but maybe save the saucy ribs for after. Snack bribery mid-shoot = approved. Full braai = maybe not.

Q: Can you make me look 10 years younger?

A: I'll light you like a rom-com and pose you like royalty. Real you, just extra sparkle. But I don't do sorcery.

Q: Will you tell us what to do? We're awkward.

A: Yes! I specialize in "awkward-but-stunning." Think fun prompts, movement, and just enough direction to make you forget you're being photographed.

Q: Can we bring matching T-shirts with our family slogan?

A: Sure... but maybe limit it to one shot unless your slogan is poetic. Like "Powered by Snacks."

Q: My teenager might not smile. Should we bribe them?

A: Bribes work. So do promises of early exits and pizza. I'll work the angles; you work the deal.

Q: What if someone needs a bathroom break mid-shoot?

A: It's normal. We pause, regroup, and pretend it was a planned intermission. No one will ever know.

Q: Do you take "serious" photos too?

A: Absolutely. If your family's vibe is calm, elegant, and no tickle fights - I'm here for it. But I reserve the right to crack one dad joke.*

Q: Can we recreate an old family photo?

A: Yes please. Those are my favourite. Just bring the original, the people (or willing substitutes), and possibly wigs.

Q: Where do you live and how far will you travel?

A: I'm based in sunny Riviera, Pretoria - camera charged and snacks in hand! Shoots within Gauteng include a travel fee of R8 per km (to destination only).

Q: Do you offer video?

A: Absolutely. Whether it's tiny reels of toddler giggles or full-blown family highlight montages, we've got you covered.

Q: Can we get both colour and black & white photos?

A: You bet. Some moments just beg for the moody drama of black & white. You'll get a blend of both - because chaos deserves options.

Q: How long until we receive our photos?

A: Editing takes time (and caffeine). Expect 2 - 3 weeks for your full family session gallery. Beautiful chaos doesn't edit itself overnight.

Q: Will our digital files be watermarked?

A: Nope! You'll receive high-resolution beauties without watermarks. All I ask? Give a little shoutout when you share your favourites - social media credit keeps the photo-love rolling!

Q: Where do we stand on copyright?

A: Great question. You can print and share your images far and wide - from fridge doors to Granny's WhatsApp wallpaper. The copyright stays with me, the artist. Think of it like holding the cake without owning the recipe.

Q: Can we get the raw, unedited files?

A: Still a no - but with a twist! You can purchase unedited JPEGs of the shots you didn't choose for editing. They come as-is (think: backstage passes, no glam added), and are perfect for archives and behind-the-scenes nostalgia.

Q: Do you offer weekday sessions?

A: Absolutely! Tuesday to Thursday shoots are perfect - less scheduling chaos, more golden hour magic. Occasional weekend slots open too, so reach out if your crew needs a Saturday stroll in the sun.

Q: How would you describe your photography style?

A: Think storytelling with stealth mode. I blend into the action, capturing natural moments with a mix of candid joy and beautifully composed shots. Snack negotiations, cuddles, tantrum recoveries - I frame it all with love.

Q: Do you take posed family photos?

A: Of course - and I take them seriously. These are your "everyone together" gems. We'll get a classic portrait (yes, one where everyone looks in the same direction), and follow it up with moments that feel more like your crew in real life.

Q: Can we give you a shot list or must-capture combos?

A: I love a good cheat sheet! Just know that sessions are fluid, and while I aim to capture every wish, the magic often lies in the unexpected. Real life doesn't follow lists - and that's a good thing.

Q: How long have you been in business?

A: Since 2007 - and each session still gives me butterflies. Being trusted to document your family's quirks, milestones, and messy love is something I treasure deeply.

Q: Can you hold a date for us?

A: I wish I could! But dates are only secured with a deposit. First come, first booked - no pinky promises, just real-time scheduling.

Q: Can we pay part of the amount after the shoot?

A: Full payment is due before your session. If your calendar's tight or your wallet's sweating, pop me a message. I'm happy to create a plan that works for both of us.

Q: If we cancel, is our deposit refundable?

A: Deposits are non-refundable, since your date is locked in just for you. I turn away other bookings once we're signed in. Cancellation refunds? 50% of your invoice is non-refundable - life happens, and this protects both of us.

Q: What happens if you get sick or can't make it?

A: I take your session seriously. Like "I'll show up with a sniffle and a smile" serious. But if something truly major happens, I'll make sure a trusted pro with my style steps in. I've got backup plans tucked into every lens pouch.

Q: When should we book?

A: As soon as your date is solid, fire up your inbox! My calendar fills up fast - faster than your toddler downs a lollipop.

Early bookings = peace of mind.

Q: Will you stay longer if we're running behind?

A: Absolutely. I'm flexible. Overtime rates apply only with your thumbs-up - no surprise invoices, just open communication.

Q: Can family members take their own photos?

A: Of course! Just during the formal shots, let me lead the charge - too many cameras = distracted eyeballs. After that? Snap away.

It's your shoot, your people, your memories.





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